



| Cure the sick | Proclaim the Kingdom |

## Illness

Americans are rapidly losing medical care that fully embeds life-affirming Catholic principles. Despite the steady number of Catholic hospital beds, healthcare which authentically embodies all the principles of the USCCB directives across all phases of life is neither accessible or covered in the modern insurance-driven healthcare system. This absence of disciplined Catholic medical services is found across the country, even where there are Catholic hospitals.

## Remedy

**MyCatholicDoctor seeks to build a virtual hospital** delivering a true alternative of unparalleled, authentically Catholic care in conjunction with existing facilities and healthcare systems across the nation.

## Who is mycatholicdoctor?

MyCatholicDoctor (“MCD”) brings a team of faithful medical professionals to patients through video-based health consultation on almost any smartphone, computer or tablet. We can initiate your medical care virtually, order any necessary labs, and send prescriptions to any pharmacy of your choice. Most of the time we can take care of all of your needs through convenient, affordable virtual care. If in-person care is necessary, our providers will invite you to be seen in their office or refer you to a local provider they trust and recommend. We practice evidence-based scientific medicine from a Catholic perspective and integrate Catholic spirituality into our care as appropriate to the situation.



Every MyCatholicDoctor healthcare professional signs a contract to practice in accordance with the Ethical and Religious Directives for Healthcare of the U.S. Conference of Catholic Bishops, the Catechism of the Catholic Church, and the ethical policy statements of the Catholic Medical Association. We all agree to pray for the work of MyCatholicDoctor, and to seek personal holiness.

## How is it organized?

Just like a physical hospital system we are a collaborative effort among -- the MyCatholicDoctor Foundation, Inc., a 501(c)(3) organization; MyCatholicDoctor, L.L.C., a group of healthcare providers that serves 49 states and DC; and Chuck R. Colas, P.C., aka MyCatholicDoctor of California. This corporate structure is necessary because 501(c)(3) organizations are not permitted to bill for medical care under the laws of some states.

### *What does “build a hospital” really mean?*

A hospital system is typically has multiple functions and combines for-profit suppliers with not-for-profit management. MCD Foundation, as a virtual hospital, provides all the laboratory work, coordination, training,



systems, billing, and functions of public advocacy, medical student education, and telehealth adoption. MCD doctors refer to physical facilities nearest the patient when necessary. MCD then functions as the medical group associated with every health system in the US to provide the same medical care but with physician oversight consistent with Catholic practices. Its like having a Catholic hospital in every community.

## What Funds for What Uses?

### Prescription

For 2000 years, Catholics have led the world in providing life-affirming medical care as directed by Jesus Christ who instructed us to heal the sick and proclaim the kingdom (Luke 10:9). Today:

- the number of Catholic hospital beds per capita has fallen
- the ability of Catholic doctors to practice medicine consistent with their faith is disappearing
- the access to medical services which incorporate a patient’s Catholic faith principles is almost invisible

MyCatholicDoctor is building an alternative for the millions of patients and their physicians who know there is a better way, a way consistent with the highest principles of our faith. Our hospital is virtual, accessible across the country, and integrated within the mainstream healthcare industry.

MCD is seeking donations for approx \$500,000 in 2020 and \$300,000 in 2021. Operations are expected to result in losses until patient volume and billing type result in approximately 70% utilization for typical physician practices. MCD has built the operating platform, but seeks funds to continue operations, platform development, and marketing until this threshold is achieved.

◆ Telehealth Platform	30,000/yr
◆ Professional Liability Insurance	25,000/yr
◆ Salaries and Professional Services	150,000/yr
◆ Advocacy and Marketing	120,000/yr
◆ Multi-State credentialing	75,000
◆ Insurance company negotiation	55,000

### *Authentically Catholic medical services*

MCD will be present to patients and families at all the critical Catholic junctures including end-of-life, beginning-of-life, childhood decisions, adolescent medicine and mental health, and others which

- ◆ Virtual Primary Care - lasting relationship where physician knows root causes and applies functional medicine to the whole person - “cura personalis”
- ◆ Catholic Second Opinions - combines practitioner knowledge with dedication to religious and ethical principles to patient or provider
- ◆ NaPro and women’s Health
- ◆ Natural Family Planning, Fertility Awareness, Breastfeeding support
- ◆ Consulting by Pediatrician - vaccinations, medications, particularly for stem cell products
- ◆ Hospice and Palliative care
- ◆ Miscarriage and Infant Loss Support
- ◆ Weight management, nutrition, and lifestyle or wellness coaching
- ◆ Mental health and spiritual direction